



SEVEN ARCHES
BAR AND BISTRO

Menu

HOTEL 
NEWPORT

T: 098 42464



LUNCH

SNACKS AND LIGHT BITES



Soup of the day Served with our homemade brown bread	€4.50
Crispy Garlic Mushrooms Golden fried garlic mushrooms served with a house salad.	€5.50
Spicy Chicken Wings Spicy chicken wings served with a sweet chilli dip.	€5.50
Homemade Chicken Liver Pate Served with melba-toast and sweet cumberland sauce.	€5.50
Duck Spring Rolls With sweet chilli sauce, duck spring rolls with tomato and chilli jam on a bed of lime lettuce.	€5.50
Smoked Salmon Connemara smoked salmon salad with lemon and dill dressing.	€5.50
Chunky Seafood Chowder Mixed Atlantic seafood chowder served with our homemade brown bread.	€5.50
Goats Cheese Tartlets Oven baked with a red onion marmalade served with a house salad and basil pesto.	€5.50

LIGHT BITES



SANDWICHES

Selection of open sandwiches

On our homemade brown bread

Cheese and Pickle	€5.95
Chicken, Mayo, Spring Onion	€5.95
Ham and Cheese	€5.95
Tuna and Mayo	€5.95
Smoked Salmon	€6.95
Baby Prawns in Marie Rose Sauce	€6.95
Crab meat	€6.95

Selection of fresh cut sandwiches

Served with salad garnish and crisps.

Ham	
Cheese	
Salad	
Chicken	
Tuna	
Toasted Sandwiches	€3.95

WRAPS AND PANINI

Wraps/Panini of your choice, all served with Mixed Salad and House Dressing.

Vegetarian With onion, peppers, cucumber, black olives, rocket lettuce and garlic mayo.	€5.95
B.L.T. Bacon, lettuce, tomato and mayo.	€6.95
Chicken Tandoori Marinated Tandoori chicken strips served with sweet chilli mayo with onion, peppers and tomato.	€6.95
Goats Cheese With red onion marmalade, basil pesto, sun dried tomato and spring onion.	€6.95
Spicy Chicken Goujon Spicy chicken goujons, sweet chilli sauce, red onion and lettuce.	€6.95
Tuna and Cheese Tuna, mayonnaise, spring onion and lettuce.	€6.95
Ham, Cheese and Onion	€6.95

MAIN COURSES



Traditional Lamb Stew Locally sourced tender chunks of Irish lamb slow cooked, continental vegetables and Lamb jus served with creamy mash potato.	€11.95
Cottage Pie Served with creamed potatoes and a selection of vegetables.	€11.95
Homemade Lasagne Served on a bed of tomato and basil sauce with toasted garlic bread side salad and chips.	€11.95
Beef and Guinness Casserole Juicy beef pieces, slow cooked with continental vegetables and a rich Guinness gravy served with creamy mash potato.	€11.95
Chicken Curry With stir fried chicken, onion, mushroom, peppers, courgette finished in your house curry sauce served with basmati rice and poppadoms.	€11.95
Chicken Stir Fry Stir fried chicken strips, onion, peppers, mushroom, baby corn, finished in a tangy soya and chilli sauce served with egg noodles.	€11.95
Homemade Steak Burger Served on a floury bap with sauté onions, garlic mayonnaise side salad and chips.	€11.95

*Please ask your server for details of our Daily Specials
All ingredients are 100% Irish and locally sourced from
the finest suppliers and our local artisan producers.
Please inform the waiter/waitress of any dietary requirements and allergies.*